

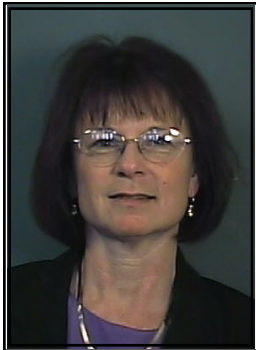


OAMSS Quarterly Newsletter

Winter 2010 Edition

PRESIDENT'S CORNER — LIFE IS ALWAYS FULL

As the incoming 2010 President, I want to thank each and every one of you for your dedication to the medical staff services industry and for your support of our state association. I also want to take this opportunity to thank the OAMSS board members for their support during my year as the president-elect, and I especially want to thank Amy King for her guidance and patience. As President, Amy represented our association with firm dedication and professionalism; and, as this year's Past President, I am honored to have yet another year to work with someone with her leadership skills and sense of commitment to our industry.



When I think of how full my life is and wonder, what was my life like yesterday? How can I possibly keep up with what's on my plate, much less add more to it? Think about it – you are always doing something, you play, you read, you work, you worry, you breathe, you sleep, you eat, you watch some TV. Whatever life

you had yesterday, it was a full life. You filled every minute of it with something. You have to first give up something from yesterday's list to make room for some new project, or for a more exciting, reward-oriented activity today. We all do this to some degree every day, we adjust one thing to make room for something new. It's a strange fact that the most successful people are the most conscious and conscientious about their time.

The challenges we face everyday as medical staff professionals may sometimes feel overwhelming, so remember that we have each other to lean on and to learn from and to share experiences with. Use the resources available to you, utilize the OAMSS and NAMSS websites, e-mail, and, yes, even the telephone. Schedule your time and plan to attend the annual Spring Conference this year on May 6 and 7 at the Hood River Inn in Hood River. Your OAMSS board strives to create conferences that will not only provide you with the information you need as MSPs, but also an environment that supports opportunities to network, refresh and bring some balance to our lives.

Jean Steinberg, CPMSM, CPCS
OAMSS President

Past President's Corner Amy King

Thank you to the OAMSS members for allowing me the opportunity to serve as the 2009 OAMSS President. The relationships with this and previous Boards have been invaluable for me. Each of the women brought a vast amount of experience from various arenas and each did an excellent job in collaborating and working on projects all the way through to successful completion.



I look forward this year in serving as Past-President and in future years in whatever capacity is needed. I am a big fan of continuous personal development. My words of wisdom to all OAMSS members are captured nicely in the following excerpt from *The Right to Lead* by John Maxwell. The topic is about leaders. All of us are leaders in one way or another, perhaps you are a leader by position or to your co-workers, friends, children. As MSPs, you serve a vital role in patient safety and an even more critical and challenging role in collaborating and educating those around you. For this reason your leadership skills are imperative...read on my friends...

OAMSS Board of Directors

Jean Steinberg, CPMSM,
CPCS
President
Cascade Health Care
Community

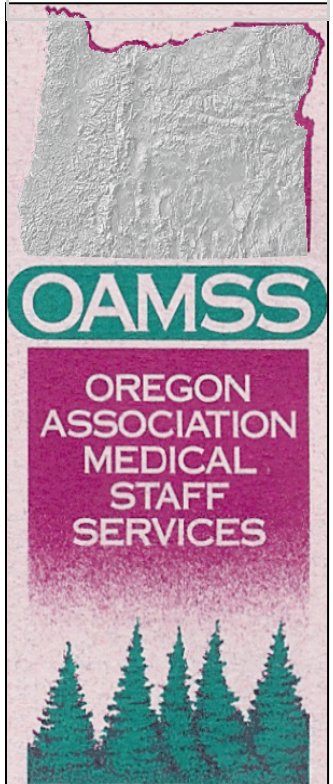
Trixie Ortiz, CPCS
President Elect
Good Shepherd Health Care
System

Amy King
Past President
The CHP Group

Nancy Lehrbach
Secretary
Mercy Medical Center

Darlene Ditsworth, CPCS
Treasurer
Tuality Community Hospital

John Ryan
Membership Chair
Central Oregon IPA



2010 OAMSS Board of Directors

The key to becoming an effective leader is not to focus on making other people follow, but on making you the kind of person they want to follow. You must become someone others can trust to take them where they want to go. As you prepare yourself to become a better leader, use the following guidelines to help you grow:

1. **Let go of your ego.** The truly great leaders are not in the leadership for personal gain. They lead in order to serve other people. Perhaps that is why Lawrence D. Bell remarked, "Show me a man who cannot bother to do little things, and I'll show you a man who cannot be trusted to do big things."
 2. **Become a good follower first.** Rare is the effective leader who didn't learn to become a good follower first. That is why a leadership institution such as the United States Military Academy teaches its officers to become effective followers first- and shy West Point has produced more leaders than the Harvard Business School.
 3. **Build positive relationships.** Leadership is influence, nothing more, nothing less. That means it is by nature relational. Today's generation of leaders seem particularly aware of this because title and position mean so little to them. They know intuitively that people go along when they get along with each other.
 4. **Work with excellence.** No one respects and follows mediocrity. Leaders who earn the right to lead give their all to what they do. They bring into play not only their skills and talents, but also great passion and hard work. They perform on the highest level of which they are capable.
 5. **Rely on discipline, not emotion.** Leadership is often easy during the good times. It's when everything seems to be against you- when you're out of energy, and you don't want to lead - that you earn your place as a leader. During every season of life, leaders face crucial moments when they must choose between gear up or giving up. To make it through those times, rely on the rock of discipline, no the shifting sand of emotion.
 6. **Make adding value your goal.** When you look at the leaders whose names are revered long after they have finished leading, you find that they were men and women who helped people to live better lives and reach their potential. That is the highest calling of leadership - and its highest value.
- Give your power away.** One of the ironies of leadership is that you become a better leader by sharing whatever power you have, not by saving it all for yourself. You're meant to be a river, not a the people reservoir. If you use your power to empower others, your leadership will extend far beyond your grasp.

Nancy Lehrbach, OAMSS Secretary

I have had the pleasure of working with the OAMSS Board for one year as the secretary. I've learned a lot about OAMSS, planning for our state conferences, and learning how our organization fits in with NAMSS.

My term will last through the remainder of 2010. Working with the board has been very rewarding and I would highly encourage the OAMSS membership to consider becoming more involved with OAMSS. With each board conference call, meeting, or email discussion, I find myself for engaged and better informed!

I'm excited that the 2010 OAMSS Board is made up of individuals throughout our beautiful state of Oregon (Bend, Redmond, Hermiston, Hillsboro, Beaverton, and Roseburg)!

Darlene Ditsworth, CPCS

OAMSS Treasurer

I am excited to be a part of the 2010 OAMSS Board of Directors. I have a strong background in bookkeeping, which I believe will add to further the financial development of OAMSS.

Currently I am the Medical Staff Coordinator at Tuality Community Hospital and I carry a wide range of responsibilities for managing the department.

Personally, I love to sew, read, camp (RV), cruising, and antique shopping.

I look forward to working with each and every one of you this year.

John Ryan, OAMSS Membership Chair

I am once again excited to work with the OAMSS Board of Directors and membership. With our 2010 membership drive about to wrap up, final due's payment notices were mailed at the end of 2009 for those that still have not paid.

If you received a hard copy dues notice in the mail, please make sure to remit payment to maintain your active membership status for the year ahead!

Additionally, we are always looking to add members so please mention our association and services to your co-workers or peers. As always, contact myself or another board member if you need more information or would like us to personally contact a referral. You could be eligible for valuable prizes!



**NEWLY APPOINTED
OAMSS VOLUNTEERS**

OAMSS Scholarship Chair

- **Lynn Deaver, CPCS, CPMSM**

Owner/Partner LS Medical
Staff Services

Consulting, LLP

OAMSS Newsletter Editor

- **Ann Klinger, CPCS**

Tuality Community Hospital

OAMSS Webmaster

- **Sheri Patterson, CPCS**

Interim Staffing &
Workload Solutions



SAVE THE DATE

***OAMSS ANNUAL
SPRING CONFERENCE***

WHEN: MAY 6TH & 7TH

***WHERE: HOOD RIVER
INN, HOOD RIVER,
OREGON***

www.hoodriverinn.com



New Year's Resolutions for MSPs

- Earn continuing education credits
- Expand your knowledge base through learning about other departments in your organization
- Gain CPCS and/or CPMSM certification
- Expand your area of expertise
- Thank a colleague
- Volunteer in your state wide organization (OAMSS)

Courtesy of: 01/2010 Credentialing Resource Center Newsletter

Newly Certified OAMSS Members

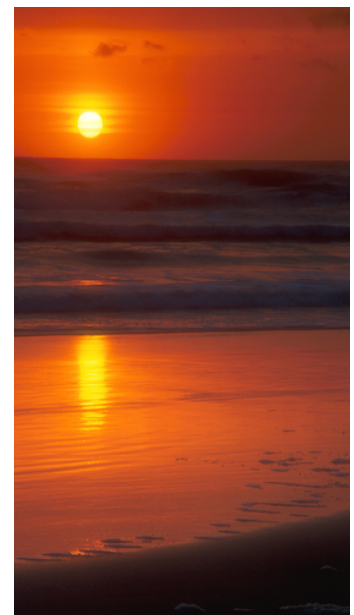
A BIG CONGRATULATIONS TO OUR RECENT OAMSS MEMBERS WHO OBTAINED CERTIFICATION.

- Jeanie Minden, CPCS
- Sandy Greenlee, CPCS
- Annette Wells, CPCS
- Karen Behney, CPCS
- Tyann Sandusky, CPCS



“The work goes on, the cause endures, the hope still lives and the dreams never die”

**Author:
Edward Kennedy**



Nehalum Bay

NPDB Section 1921 Final Rule Published

The final rule implementing the section 1921 changes to the National Practitioner Data Bank (NPDB) was published in the January 28th *Federal Register*.

The new rule expands the NPDB, allowing users to query sanctions against all licensed healthcare providers, including nurses, podiatrists, chiropractors, and psychologists.

The rule becomes effective March 1, 2010.

Courtesy of: **NAMSS Blog**

2010 NAMSS

Examination Dates & Deadlines

Spring Testing Period

Application Deadline: January 29

Testing Period—May 27th—April 17th

Summer Testing Period

Application Deadline: April 23rd

Testing Period—June 19th—July 10th

Fall Testing Period

Application Deadline: September 3rd

Testing Period— October 30th—
November 30th

Please visit the testing vendor's website at www.castleworldwide.com to test your readiness with the CPCS and/or CPMSM practice

ATTITUDE

Our attitudes control our lives. Attitudes are a secret power working twenty-four hours a day, for good or bad. It is of paramount importance that we know how to harness and control this great force.

Author: Tom Blandi



Letter from the Editor...

I first want to express my excitement for my new position on the OAMSS Board of Directors. I have so many ideas that I want to share with each of you over the next three years. I have first hand witnessed the commitment each member of the board has for this organization and how we can further benefit each other, our state, and our organizations.

I am always looking for great quotes to put in the newsletter. The above quote talks about our attitude. The author really brings his thoughts to a central point. Our attitudes can control our lives, we witness this everyday in our professional and personal lives. There is POWER in our attitude. Our experiences as MSPs can vary on a daily basis. From the physician who is upset because of the amount of call he is required to take to the physician who is very thankful for all the hard work you do in Credentialing Committee.

I challenge each of you to take your experiences, whether good or bad, and use them to develop a strong and positive attitude. Remember it is not what happens to you that counts, it is how you react to what happens to you. It is your ATTITUDE that is the first thing that is picked up on by those we come in contact with. Lets work towards an attitude that will help advance yourself, your colleagues, and your organization.

Trixie Ortiz, CPCS

OAMSS President-Elect

OAMSS Quarterly is Published by the Oregon Association of Medical Staff Services

Trixie Ortiz, CPCS—Editor—Good Shepherd Health Care System, Hermiston, OR

tortiz@gshealth.org

Questions, Comments, Corrections, Additions: please contact the Editor directly.